

Courses for the Ultra-Trail du Mont-Blanc® 2012

by WAA with Vincent Delebarre



Vincent DELEBARRE

High Mountain Guide, high calibre trail runner,
a regular on the podium for more than 15 years.
Winner of the UTMB, Templiers, Grand Raid de la Réunion...



Crédit photo : © Pascal TOURNIAIRE



3 training courses

June 20th - 24th

July 22nd - 26th

July 29th - August 2nd

The Vincent DELEBARRE Trail experience

Technical advisor and member of the Ultra-Trail du Mont-Blanc® organisation

Professionals serving an organisation in its stride

He has led about fifteen Ultra Trail® training courses over 5 seasons, and trained more than 200 runners, so take advantage of Vincent Delebarre, and his team's, experience and professionalism, attentive to the needs of each, which will accompany you in a spirit of group cohesion and good-humour while giving you individual advice for increasing efficiency.

Optimise your performance

More than a simple reconnaissance for the The North Face® Ultra-Trail du Mont-Blanc® route, this course in 4 stages is the best way to understand this legendary race through its fundamental aspects: the race tactics, technical and mental. It is also the chance to learn how to manage your preparation until you arrive on the starting line on d-day!

RESERVATION OPENS FEBRUARY 16TH 2012
AT WWW.WAA-MERCHANDISING.COM

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COURSE PROGRAMME 5 DAYS / 4 NIGHTS

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Day 1 : meet at 18:00 in Argentière, welcome drink, presentation and briefing by Vincent Delebarre
Dinner & night in a gîte

Day 2 : Stage 1: Chamonix - refuge de la Croix du Bonhomme, 44.7 km
2897m positive height gain / 1489m height loss
Picnic lunch, dinner and night in a mountain hut

Day 3 : Stage 2: la Croix du Bonhomme - refuge Bertone, 37.7 km,
2541m positive height gain / 2772m height loss
Picnic lunch, dinner and night in a mountain hut

Day 4 : Stage 3: refuge Bertone - Champex, 41.3 km,
1891m positive height gain / 2403m height loss
Picnic lunch, dinner and night in a gîte

Day 5 : Stage 4: Champex - Chamonix, 44 km,
2608m positive height gain / 3050m height loss
Picnic lunch, expected finish time 18:00

Price : 590€

Per person,
Full-board

THE PRICE INCLUDES:

- 4 nights bed and breakfast in mountain huts
- picnic lunches, and dinner in the mountain huts (from dinner on « day 1 » to lunch on « day 5 »)
- logistics and support vehicle
- lead by our specialists: Vincent Delebarre (High Mountain Guide), and Philippe Bovagnet (Middle mountain guide)

THE PRICE EXCLUDES:

- transport to the meeting point in Chamonix
- drinks and snacks (energising bars or other)
- cancellation insurance, repatriation of self and baggage (optional)

INSCRIPTION CONDITIONS:

- experience of at least one trail of more than 50km
- good spirit of solidarity, commitment to follow Vincent Delebarre's directives
- minimum 5 participants
- group limited to 20 trail runners

Credit photo : QUECHUA®

WAA
WHAT AN ADVENTURE